
Bathing

Mandatory acts of Bathing

Three acts are mandatory during Bathing:

1. Rinsing out the mouth. (See footnote 33.)
2. Sniffing water into the nose. (See footnote 34.)
3. Making water reach all body parts such that not a single point on the body remains dry.

Traditions of Bathing

The following acts are Prophet's ﷺ traditions during Bathing, so a Bather should observe them to make his Bathing perfect. The Bather should:

1. say Tasmiyah before starting bathing.
2. should form the intention of Bathing to attain Purification.
3. wash his hands up to his wrists in the beginning as he does during Ablution.
4. should wash off Filth, if present on his body or cloth, before Bathing.
5. should perform Ablution before Bathing. However, he should postpone the washing of feet to the end if he is standing in a low level land where water collects up.
6. pour down water over his entire body thrice.
7. pour down water first over his head, then over his right shoulder and finally over his right shoulder.
8. scrub his body.

9. wash his body uninterruptedly so that the next organ is washed before the previous dries up.
- If the person enters flowing water, stays there and scrubs his body, then he has completely performed the Traditions of Bathing.
- If he enters a water-body which has the status of flowing water, e.g. large pond, then also the ruling will be same as above.

Kinds of Bathing

There are three kinds of Bathing:

1. Mandatory
2. Traditional
3. Desirable

When does Bathing become mandatory?

Bathing is Compulsory in the following cases:

1. when the person is in a state of Hadath Akbar.
2. when a woman's menstrual phase ends
3. when a woman's phase of postnatal discharge ends.
4. when a Muslim dies, it is mandatory upon the living Muslims to Bathe him.

When is Bathing a Tradition?

Bathing is a Tradition (Sunnah) on four occasions:

1. for Friday Salaah
2. for the Salaahs of the two Ī ds.
3. for Ihraam

4. for a Major Pilgrim at Àrafah after the sun moves down from the zenith.

When is Bathing Desirable?

Bathing is Desirable on the following occasions:

1. on the night preceding 15th Sha`baan.
2. on the night of Power.
3. for the special Salaahs of solar eclipse and lunar eclipse.
4. for the special supplication for rain.
5. at the time of panic.
6. when the atmosphere darkens suddenly (due to rain, storm, etc.).
7. when strong wind is blowing.
8. before wearing a new garment.
9. when a person repents from a sin.
10. when a person returns from a journey.
11. when a person intends to enter Al Madīnah, the illuminated city.
12. when a person intends to enter Makkah, the elevated city.
13. when staying at MuZdalifah in the morning of 10 Zul Hijjah.
14. for the visiting circumambulation of the Ka`bah.
15. for a person who bathes a dead body.
16. after cupping.
17. for a person who recovers from insanity, swoon or inebriation.
18. for a person who embraces Islaam while in a pure state.

But if he was in a state of Hadath Akbar while embracing Islaam, then Bathing is mandatory for him.